

Mini Botany Lesson – For Young Plant Detectives

Who's This For?

These resources are designed for any group exploring plants, seasons, or nature connection, including:

- Steiner / Waldorf schools
- Forest schools
- Primary school classes
- Home educators
- Nature clubs & eco groups
- Scouts, Brownies, Guides
- After-school eco clubs
- SEN groups
- Outdoor classrooms & wild-learning groups
- Any teacher wanting a gentle, sensory-based plant project

Plants speak in patterns.

Here are simple things to notice:

- **Leaf Shape** – round, oval, toothed, heart-shaped.
- **Leaf Arrangement** – opposite, alternate, or in a whorl.
- **Flowers/Buds** – colour and stage.
- **Stem** – smooth, woody, soft, hairy.
- **Smell & Texture** – minty, earthy, sticky, soft.
- **Habitat** – sun, shade, water, dry places.
- **Mood** – lively, upright, soft, quiet.

This is not identification — it's noticing and wondering.

How to Press Leaves & Flowers

- 1. Collect with care** – one leaf or flower from abundant plants only.
- 2. Press** – between paper inside a heavy book for one week.
- 3. Add to template** – tape lightly or keep in a class herbarium.
- 4. Label** – use your own notes or a simple sheet with plant name, place, and date.
- 5. Display** – create a Class Herbarium Wall or seasonal corner.

With care for plants and people.

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